



Supporting our families at

DOMESTIC VIOLENCE

24 hour National Domestic Violence Freephone Helpline 0808 2000 247



Domestic abuse support for women in Bristol and South Gloucestershire.

<http://www.nextlinkhousing.co.uk/>



Womankind provides women in the Bristol area with free or affordable professional counselling, psychotherapy and on-going support for women suffering domestic or sexual abuse.

<http://www.womankindbristol.org.uk/>



Bristol Men's Domestic Abuse Project – promoting personal safety and emotional wellbeing for male victims of domestic abuse.

www.victimsupport.org.uk



RSVP (Resolve to Stop the Violence Programme) is a specialist programme for perpetrators of domestic abuse service run in Bristol. The service supports those willing to take responsibility for aggressive, controlling or violent behaviours through an established evidence based 1:1 behaviour changing programme.

<http://www.dhi-online.org.uk/do/bristol/rsvp/>



Relate are able to provide Relationship Counselling for individuals and couples, Family Counselling, Mediation, Children and Young People's Counselling and Sex Therapy. They also provide friendly and informal workshops for people at important stages in their relationships.

<http://www.relate.org.uk/>



The Bava website provides information about different types of violence and abuse and support services that can help. There is also information on how to help others and how to raise awareness of violence and abuse.

<http://www.bava.org.uk/>



<https://www.womensaid.org.uk/>

The Freedom Programme is a domestic violence programme to support victims of domestic violence.

<http://www.freedomprogramme.co.uk/>



Lighthouse is a team of staff from the police and victim support organisations, working together to guide, advise and support victims and witnesses.

<https://www.lighthousevictimcare.org/>

SURVIVE

WORKING TOWARDS
FREEDOM FROM
DOMESTIC ABUSE

BACK ON TRACK FOR CHILDREN

Survive have special group programmes for children and young people who have experienced or witnessed domestic abuse

<http://survivedv.org.uk/our-services/childrens-services/>

SURVIVE

WORKING TOWARDS
FREEDOM FROM
DOMESTIC ABUSE

Survive is an innovative local charity working towards freedom from domestic abuse for women and children in Bristol and South Gloucestershire. We offer practical and emotional support, accommodation, information and education for women, children and young people who are experiencing or have experienced domestic violence and abuse.

<http://survivedv.org.uk/>



Provides confidential support to all members of the LGBT communities who have been victims of hate crime, sexual violence, or domestic abuse. Galop also supports lesbian, gay, bi, trans and queer people who have had problems with the police or have questions about the criminal justice system.

<http://www.galop.org.uk/>



RSPCA PetRetreat is a vital and unique service that helps women, men and children fleeing domestic abuse, by providing temporary foster care for pets so their owners can leave their abuser and find a safe home. Family pets are often used as a tool to manipulate and control victims of domestic abuse and one of the reasons why some individuals do not leave their abusive partners and retreat to the safety of a refuge is due to the fear of leaving their family pets behind.

All contact with the PetRetreat team is confidential. To keep owners and pets safe, owners can't visit their pets whilst they are fostered, although PetRetreat will update them on how their pet is getting on.

<https://www.rspca.org.uk/whatwedo/care/petretreat>



Supporting Chinese women and their families in Bristol and the surrounding areas to help reduce isolation caused by language and cultural barriers. offering support and signposting to agencies that can advise on issues around health, education, general welfare, racial harassment, child abuse, domestic violence, immigration referrals, and more.

Languages spoken: Cantonese, Mandarin & English.

<http://home.btconnect.com/bacwg/index.html>



Specialist professional counselling and therapy services offered to help people of all ages increase mental, physical and emotional wellbeing. Services are offered to those who have experienced the trauma of sexual abuse or sexual violence at any time in their lives.

Eligibility criteria

Adults who have experienced sexual abuse or rape at any time in their lives. Services are provided for children or young people who are referred following disclosure through the statutory services.

<https://the-green-house.org.uk/>

SUPPORT FOR CHILDREN

This site was produced in consultation with young people in Nottinghamshire by Equation

Respect not Fear



Respect not Fear is a website provides a safe space for children and young people to find information on healthy relationships and abuse. It aims to help young people seeks advice and support if they are witnessing or experiencing an unhealthy relationship.

The site signposts to a number of national helplines and websites and provides advice on who to turn to. The site also has games and activities to support understanding.

<http://www.respectnotfear.co.uk/>



The website provides advice, games and activities to support the understanding of healthy relationships, domestic abuse and sexual abuse.

It provides facts and figures and useful information to help children and young people understand these complex subjects and recognise signs.

<http://www.burstingthebubble.com/>



For children and young people who are witnessing or experiencing domestic abuse. Women's Aid have created this space to help children and young people to understand domestic abuse, and how to take positive action if it's happening to you.

<http://thehideout.org.uk/>