FoodCycle

FoodCycle Bristol Barton Hill welcomes anyone to attend as a guest and enjoy a FREE hot meal. No need to book. Just turn up on the day! We know that the cost of living continues to increase, so whatever your reason for needing a meal, you are welcome to join us. Some people come for the food. Some people come for the company. No matter your background, you'll be greeted warmly by our friendly volunteers.
The charity welcome anyone who would like a hot meal and somewhere warm to sit for a few hours. Children welcome.

https://foodcycle.org.uk/location/foodcycle-bristol-barton-hill/



St Luke's – Barton Hill

St Luke's Church in Barton Hill also runs a free after school club with free toast and drinks on Wednesdays after school for those who live in the area. There are also lunch clubs for children who are in receipt of free school meals that can be accessed during holiday time along with lovely arts and crafts sessions.

https://www.facebook.com/stlukesbartonhill/

Activities at Victoria Park Baptist Church –

Community Lunch Club happens on the 3rd Friday of every month in the upstairs hall. Share a main course and a pudding followed by tea and coffee. Vegetarian option available.

Come and join us for a chat and something to eat, you would be most welcome. Anyone can come and join us whether you come to Church or not.

https://www.victoriapark.org.uk/activities/#vpbc-foodbank

The Foodbank is open every Friday between 10am -12pm in the Charles Padfield Centre at Victoria Park Baptist Church on Sylvia Ave, BS3 5DA.

Other Food Hints and Tips

- When making many dishes bulk things out with beans/veg and pulses.
- Cooking with a slow cooker is the cheapest way to cook. You can even do baked potatoes in them!
- You can add oats to any dish that has a sauce in it. They will dissolve in twenty minutes leaving a lovely thick sauce and lots of great vitamins!
- Lentils are also very versatile. They can be used to replace or substitute minced meat.
- Instead of buying Quorn, try chopping or mincing mushrooms with a food processor into tiny pieces, fry in a dry pan and you have veggie mince!

Air Balloon Hill PRIMARY School

2023 Cost of Living Support for families living in the Bristol Area

FOOD

This information has been collated from various sources to support families within our community.

If you know of any other resources that you think we could include, please speak to Sarah Webb, our Family Support Worker

Cooking on a Bootstrap

Website and blog with over seven hundred free budget friendly family recipes by Jack Monroe. All recipes are costed per portion

https://cookingonabootstrap.com/category/recipes-food/

Supercook – Zero Waste Recipe generator

How many times have you opened the fridge and thought to yourself – What can I make with that? How many times have you thrown away an ingredient because you couldn't work out how to use it before it expires? Supercool will help – simply add the ingredients that you have in your fridge and cupboards and Supercool will show you recipes that you can make using those supplies.

Help reduce food waste and make your weekly shop go further.

https://www.supercook.com/#/desktop

Olio

OLIO connects neighbours with each other and with local businesses so surplus food can be shared, not thrown away. This could be food nearing its sell-by date in local stores, spare home-grown vegetables, bread from your baker, or the groceries in your fridge when you go away.

https://olioex.com/

Foodbank

Find a Foodbank - **https://www.trusselltrust.org/get-help/find-a-foodbank/**

Our local Foodbank is Kingswood (Bourne Family Centre) and it is open on Tuesdays 9.30-12.45 and Fridays – 1.30-3.30pm.

We can provide foodbank vouchers to families who are struggling to make ends meet – please speak to Sarah Webb, Mrs Knight, Miss James, Mrs Hennessy or Mrs King to ask for a voucher.

South & East Bristol foodbank

United Response Foodboxes

We can provide you with a weekly or bi-weekly (depending on demand) food-box supplied by an amazing local organisation United Response. Please speak to Sarah Webb for more information or to request a box.

Bristol Library

If you need a hot drink and something to eat, you can go to the Bristol Central Library café and use the marbles on the counter to pay. Each marble is worth £1 towards your food and drink, you can use as many marbles as you need. No questions asked.

East Bristol Children's Centres Food Club

We are hosting 3 Food Clubs across East Bristol; Broomhill (Tuesday), Oldbury Court (Thursday) and Speedwell (Friday). For £3.50 each week, in partnership with Family Action we offer a food parcel worth approx. £15 for anyone who lives in the local community who wants to reduce waste and save money.

https://www.eastbristolchildrenscentre.co.uk/food-club

