

Monday 18<sup>th</sup> September 2023

Dear parents/carers,

### **SKR Week: Being Safe**

This week is the school's first 'Safe, Kind and Respectful Week (SKR Week)'. The focus is around 'Being Safe'. The children have had an assembly today which covers these different areas of safeguarding:

- What being safe or unsafe feels like
- Trusted adults – people in and out of school that children can speak to if they have a worry and different ways of reporting worries they or their friends might have
- Different types of harm that children may experience – in an age appropriate way
- Consent – our body belongs to us (see below for further information and resources)

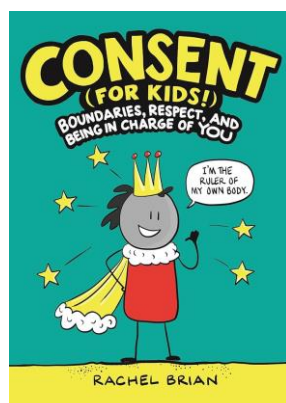
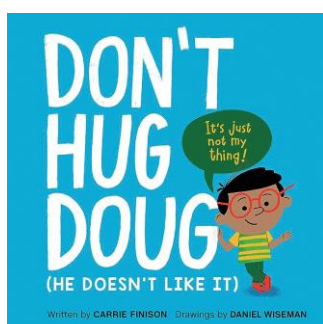
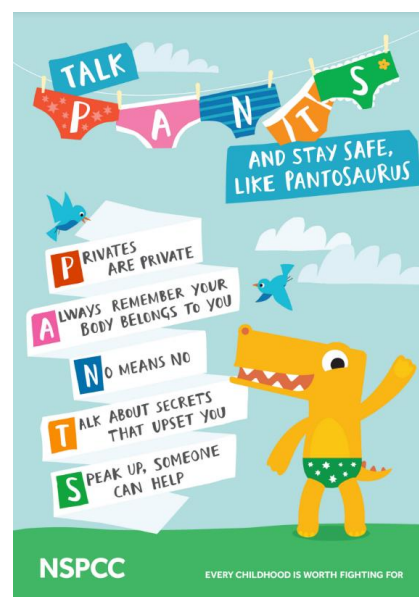
### **Consent and PANTS**

It is important to have conversations with our children to help keep them safe from sexual abuse. Understandably, these conversations can be difficult. The NSPCC's 'PANTS' campaign provides the tools and resources to give adults simple ways to open these conversations in a clear and child friendly way. This helps children to understand that their body belongs to them and that they should tell someone they trust if anything makes them feel upset or worried.

At Air Balloon, we fully support and deliver the PANTS message to our children. We have included a parent guide to PANTS with this letter. There are also resources for having these conversations with children with additional needs, advice for foster carers and information in different languages [here](#).

We recommend watching the 'The Pantosaurus Song' with younger children, which can be accessed [here](#):

There are a range of books available which are helpful in having conversations with children about consent. There are books that we have used successfully school:



## Having conversations with your child about difficult topics






The Barnados resource, '5 tips for talking to your child about their safety and wellbeing' features helpful guidance about talking to your child and can be found [here](#)

There is more information from the NSPCC about having difficult conversations with your child about a range of topics [here](#).

The Keeping Bristol Safe Partnership website has extensive information for parents and carers about a range of safeguarding topics [here](#).



## The Safeguarding Team

| <b>Mrs Knight</b>  | <b>Mr Browse</b>   | <b>Mrs Hennessy</b>  | <b>Mrs Webb</b>   | <b>Mrs James</b>   |
|--|--|--|---|--|
| <b>Assistant Headteacher</b><br>(Pastoral & Safeguarding)                          | <b>Headteacher</b>   | <b>Assistant Headteacher</b><br>(Inclusion)  | <b>Family Support Worker</b>  | <b>Children's Support Worker</b>   |
|  |  |  |  |  |
| Designated Safeguarding Lead<br>Mental Health Lead                                 | Deputy Designated Safeguarding Lead  | SENDCo<br>Designated Teacher for Children in Care                                  | Parenting support / advice and family welfare                                       | Support for pupils' emotional wellbeing and mental health                            |

If you have any questions about the issues covered in this letter then please speak to your child's teacher or to Mrs Knight, the school's Designated Safeguarding Lead. You can also speak to other members of the safeguarding team (see above).

Yours sincerely,



Jenny Knight  
Assistant Headteacher Pastoral & Safeguarding