



Out & About

Short breaks for Disabled children (5-19)





About Us

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The Out and About Team offer a variety of different services to support Disabled / SEND Children and Young People. Working with Bristol City Council we have been delivering the Short Breaks services for over 5 years.

We provide a variety of different services for Children and Young People, these include:

- Specific provision for Sensory Impairments
- Specific provision for Neurodivergent
- Specific provision for BAME Families
- Befriending Service
- Independent Living Skills for Young People aged 19-25
- Family Activities and Trips
- Activities for Disabled / SEND Children and Young People



Holiday Short Breaks (HSB)

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HSB runs during the school holidays and is a specialised service aimed at young people aged 5 to 18.

We offer breaks for young people who attend specialist schools or have complex or challenging needs.

We work in partnership with the Disabled Childrens Service and people can use their Direct Payments to access the direct payment service that runs alongside HSB. To discuss access to the direct payment service, you will need to speak to your social care practitioner.





After School Sessions

After School Clubs



Specific group for Neurodivergent

Tuesdays: Southmead
Adventure Playground

Ages 8-13 6.15-7.45 pm

Ages 13-18 8.15-9.30pm

Thursdays: Felix Road
Adventure Playground, Easton

Ages 8-13 6.00 -7.30pm

Ages 13-18 8.00-9.30pm

Independent Living Skills



Transition Group for Young People between the ages of 19-25 looking at a variety of skills needed for the transition into adulthood. Arranging face to face activities a couple of times a month

Evening Session



Tuesdays: Hillfields Youth
Centre, Fishponds

Ages 13-18 7.00-9.00 pm

Thursdays: The Park, Knowle
Group 1 6pm to 7.30pm

Group 2 7.30pm to 9pm

Thursdays: Southmead
adventure playground

Ages 13-18 7.00-9.00 pm

Evening Sessions (Sensory Specific)



For Sensory Specific
Impairments

Thursdays: Woodside Centre,
Kingswood

Ages 5-18 5.00-7.00 pm

Weekend Sessions

Saturday Trips (Sensory Specific)



For Sensory Specific Impairments
Ages 5-18

Woodside and Various outings

Saturday/Sunday Sessions (BAME Specific)



Age 5-18

Saturday: Woodside Centre
or Felix Rd Adventure
playground

Sunday: Vench, Lockleaze

Saturday Sessions & Trips



For Disabled / SEND Children and Young People ages of 13-18. Various Trips and activities throughout the year. Must attend another WECIL youth Group to attend.

Stay and Play



Age 5-12

Families are invited to come along to various activities (climbing, pictures, adventure playgrounds etc) usually on a Saturday.

Closed Play Session (Drop and Play)



Age 8-12

Usually on a Saturday, alternating between adventure playgrounds and out and about activities (Cinema, Zoo etc)
Booking Required.



School Holiday Sessions

Holiday Sessions (BAME Specific)



Holiday Sessions for
BAME groups
Age 5-18 10am-6pm
Various places; Avon Valley,
Puxton Park, Bristol Zoo,
Cinema, Bowling, Woodside
centre.

Holiday Short Breaks (HSB)

Age 5 to 18
Holiday session for complex
needs during the school
holidays.

Family Activities



Family Activities in school
holidays
2.5 hours
Various places such as:
skittles, bowling, climbing,
Zoo.



Befriending

WECIL's befriending service
links volunteer buddies 1:1
with a Disabled child or young
person, to regularly spend
time doing something they
both enjoy!

Our befriending service
gives Disabled / SEND
Children and Young People
an opportunity to go out
independently, increasing
their self confidence and
feeling of self-worth through
being linked 1:1 with a
volunteer 'buddy', whilst
providing families with
valuable short breaks.

Our volunteers are DBS
checked and trained, and can
offer 2-3 hours of support
per week.

Please note:

Whilst our volunteer
Befrienders undertake
training, we cannot guarantee
that they will have the
necessary experience in
dealing with any specific
needs.

Our volunteers are not
expected to administer
medication, or assist
with personal care. These
factors should be taken into
consideration when assessing
a child or young person's
suitability for this service.



Supporting Disabled Children & Young People



Contact Us

If you would like anymore information about any of the sessions offered please contact the Out and About referrals team.

Please contact us if you would like this leaflet in an accessible format.

outandabout@wecil.co.uk | 07835 611 651 | 0117 947 9911

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