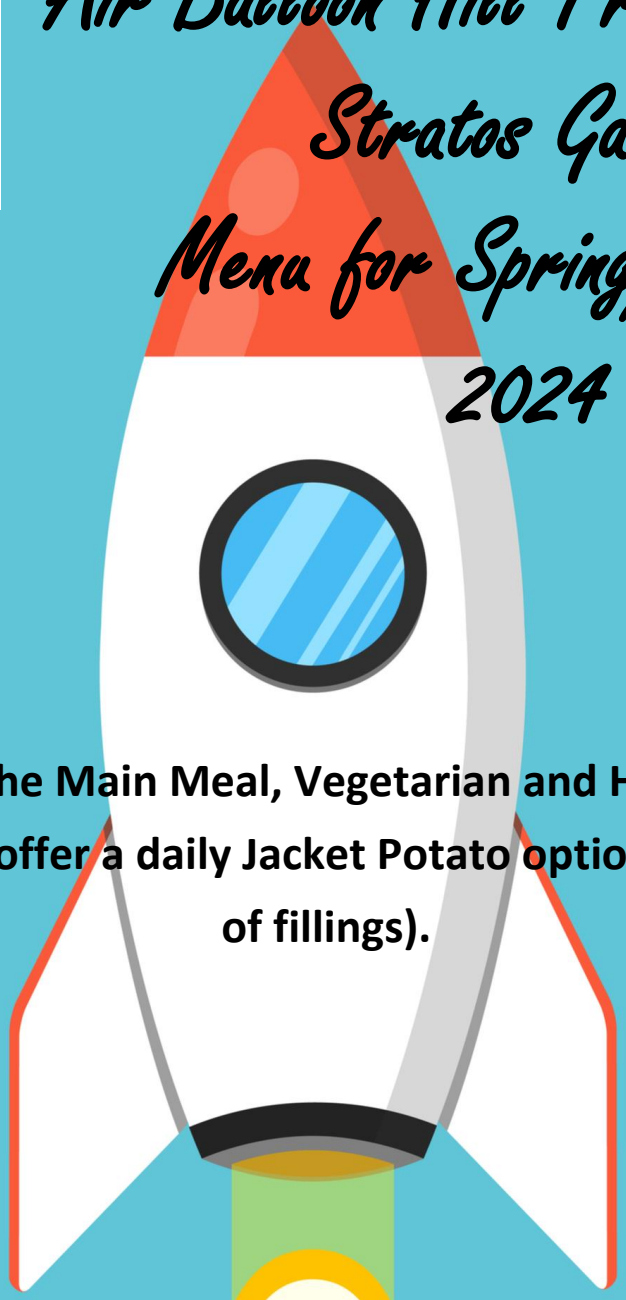
Air Balloon Hill Primary School
Stratos Galley
Menu for Spring/Summer 2024



In addition to the Main Meal, Vegetarian and Halal options, we are pleased to offer a daily Jacket Potato option (with a variety of fillings).

Main Meal Options

- Meat, fish, eggs, beans and other non-dairy sources of protein
- Vegetarian
- Halal

All meals are £2.40 per day

All food is stored and freshly prepared in our school kitchen and there is a risk of exposure to allergens. All food produced in the kitchen may therefore contain traces of any of the 14 known allergen groups – including: milk, eggs, gluten, soya, celery, fish, lupin, sesame, sulphur dioxide, mustard, crustaceans.

Air Balloon Hill Primary School – Stratos Galley

Week One

15/04, 06/05, 03/06, 24/06, 15/07, 02/09, 23/09, 14/10

Monday

Choose From	On the side	Something Sweet
Meat-Free Monday	Sweetcorn	Vegan Chocolate Crispy Cake
Macaroni Cheese	Peas	Yoghurt
Bean and Vegetable Enchilada	Crusty Bread	Fresh Fruit

Tuesday

Choose From	On the side	Something Sweet
Pork and Beef Sausage Hot Dog	Baked Beans	Banana Mousse
Vegan Quorn Sausage Hot Dog	Broccoli	Yoghurt
Halal Chicken Sausage Hot Dog	Oven Baked Potato Wedges	Fresh Fruit
	Wholemeal or 50/50 Bread	

Wednesday

Choose From	On the side	Something Sweet
Roast Turkey and Gravy	Carrots	Apple and Rhubarb Crumble and Custard
Vegan Soya Mince Cottage Pie	Seasonal Fresh Greens	Yoghurt
Halal Roast Chicken and Gravy	Roast or Creamed Potatoes	Fresh Fruit
	Wholemeal or 50/50 Bread	

Thursday

Choose From	On the side	Something Sweet
Minced Beef Burrito and Salsa	Green Beans	Carrot Cake
Lentil, Spinach and Sweet Potato Dahl	Cauliflower	Yoghurt
Halal Beef Burrito and Salsa	Fluffy 50/50 Rice	Fresh Fruit
	Wholemeal or 50/50 Bread	

Friday

Choose From	On the side	Something Sweet
Fish Fingers	Baked Beans	Peaches and Ice Cream
Cheese and Onion Pasty	Sweetcorn	Yoghurt
	Chipped or Boiled Potatoes	Fresh Fruit
	Wholemeal or 50/50 Bread	

Also Available Daily

Jacket Potato Daily Offer (including a variety of toppings)

Fresh Water is available to all children at lunchtime





Air Balloon Hill Primary School – Stratos Galley

Week Two

22/04, 13/05, 10/06, 01/07, 22/07, 09/09, 30/09, 21/10

Monday

Choose From	On the side	Something Sweet
Meat-Free Monday	Sweetcorn	Apple Strudel and Custard
Margarita Pizza	Summer Fresh Mixed Salad	Yoghurt
Roasted Vegetable Pizza	Baked Potato Wedges	Fresh Fruit
	Wholemeal or 50/50 bread	

Tuesday

Choose From	On the side	Something Sweet
Minced Beef Bolognaise and Garlic Bread	Mixed Vegetables	Strawberry Mousse
Soya Mince Bolognaise and Garlic Bread	Spaghetti	Yoghurt
Halal Minced Beef Bolognaise and Garlic Bread	Wholemeal or 50/50 bread	Fresh Fruit

Wednesday

Choose From	On the side	Something Sweet
Roast Chicken with Stuffing and Gravy	Carrots and Swede	Tropical Fruit Sponge and Custard
Quorn Roast and Gravy	Fresh Greens	Yoghurt
Roast Halal Turkey with Stuffing and Gravy	Roast or New Potatoes	Fresh Fruit
	Wholemeal or 50/50 bread	

Thursday

Choose From	On the side	Something Sweet
Pork Sausage Roll	Baked Beans	Vegan Shortbread
Mediterranean Roasted Vegetable Lasagne	Broccoli and Cauliflower	Yoghurt
Halal Chicken Sausage Roll	Creamed Potatoes	Fresh Fruit
	Wholemeal or 50/50 bread	

Friday

Choose From	On the side	Something Sweet
Fish Fingers	Baked Beans	Fresh Fruit Salad and Ice Cream
Vegan Quorn Nuggets	Sweetcorn	Yoghurt
Salmon Fish Cakes	Chipped or Boiled Potatoes	Fresh Fruit
	Wholemeal or 50/50 bread	



Also Available Daily

Jacket Potato Daily Offer (including a variety of toppings)

Fresh Water is available to all children at lunchtime



Air Balloon Hill Primary School – Stratos Galley

Week Three

29/04, 20/05, 17/06, 08/07, 16/09, 07/10

Monday

Choose From

Meat-Free Monday

- Vegan Tomato and Basil Penne Pasta and Garlic Bread
- Vegan Sausage and Bean Hot Pot

On the side

Peas and Sweetcorn
Mixed Seasonal Salad
Garlic Bread

Something Sweet

Tutti-Fruity Rockcakes
Yoghurt
Fresh Fruit

Tuesday

Choose From

- Minced Lamb Moussaka
- Vegetable and Chickpea Biryani
- Halal Minced Lamb Moussaka

On the side

Mixed Vegetables
Crusty Bread

Something Sweet

Vegan Orange and Pineapple Jelly
Yoghurt
Fresh Fruit

British and Local Free Range Eggs

Wednesday

Choose From

- Roast Gammon and Gravy
- Creamy Quorn Puff Pastry Pie
- Halal Roast Turkey and Gravy

On the side

Carrots and Swede
Seasonal Fresh Greens
New or Roast Potatoes
Wholemeal or 50/50 bread

Something Sweet

Apple and Cinnamon Crumble and Custard
Yoghurt
Fresh Fruit

Thursday

Choose From

- Summertime BBQ Chicken
- Cheesy Bean Quesadillas
- Summertime Halal BBQ Chicken

On the side

Fruity Coleslaw
Green Beans
Savoury Yellow Rice
Wholemeal or 50/50 bread

Something Sweet

Iced Banana Cake
Yoghurt
Fresh Fruit

Friday

Choose From

- Fish Fingers
- Cheesy Quiche

On the side

Baked Beans
Sweetcorn
Chipped or Boiled Potatoes
Wholemeal or 50/50 bread

Something Sweet

Vegan Chocolate Cake
Yoghurt
Fresh Fruit



Also Available Daily

Jacket Potato Daily Offer (including a variety of toppings)
Fresh Water is available to all children at lunchtime

