Air Balloon Hill Primary School
Stratos Galley

Menu for Autumn/Winter 2024-2025

In addition to the Main Meal, Vegetarian and Halal options, we are pleased to offer a daily Jacket Potato option (with a variety of fillings)

Advance Notice of Menu changes:

Thursday 7th November 2024– Special Diwali Menu

Wednesday 18th December – Change to Menu due to Christmas Roast on Thursday

Thursday 19th December 2024 – Christmas Lunch

Thursday 6th March 2025 – World Book Day Special Menu

Look out for posters around the school and information in the newsletter for menu details nearer the time of each special day

Main Meal Options

- Meat, fish, eggs, beans and other non-dairy sources of protein
- Vegetarian
- Halal

All meals are £2.70 per day

All food is stored and freshly prepared in our school kitchen and there is a risk of exposure to allergens. All food produced in the kitchen may therefore contain traces of any of the 14 known allergen groups – including: milk, eggs, gluten, soya, celery, fish, lupin, sesame, sulphur dioxide, mustard, crustaceans.

Air Balloon Hill Primary School – Stratos Galley

Week One

04/11, 25/11, 16/12, 06/01, 27/01, 24/02, 17/03

Monday

Choose From	On the side	Something Sweet
Meat-Free Monday	Sweetcorn	Vegan Shortbread
Margherita Pizza	Mixed Seasonal Salad	Yoghurt
Roasted Vegetable Pizza	Oven Baked Wedges	Fresh Fruit
	Wholemeal or 50/50 Bread	

Tuesday

Choose From	On the side	Something Sweet
Beef Meatballs in a Tomato Sauce	Peas and Peppers	Chocolate Mousse
Vegan Veggie Balls in a Tomato Sauce	Fluffy 50/50 Rice	Yoghurt
Halal Beef Meatballs in a Tomato Sauce	Wholemeal or 50/50 Bread	Fresh Fruit

Wednesday

Choose From	On the side	Something Sweet
Roast Gammon and Gravy	Carrots	Apple Crumble and Custard
Creamy Quorn Puff Pastry Pie	Seasonal Fresh Greens	Yoghurt
Roast Halal Turkey and Gravy	Roast or Parsley Potatoes	Fresh Fruit
	Wholemeal or 50/50 Bread	

Thursday

Choose From	On the side	Something Sweet
Creamy Chicken and Broccoli Pasta Bake	Mixed Vegetables	Vegan Orange and Pineapple Jelly
Vegan Vegetable Korma and 50/50 Rice	Garlic Bread or Wholemeal Bread	Yoghurt
Tuna and Pasta Bake		Fresh Fruit

Friday

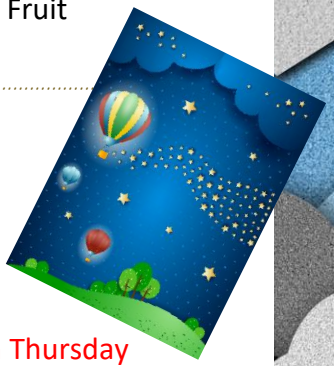
Choose From	On the side	Something Sweet
Fish Fingers	Baked Beans	Iced Banana Cake
Cheese and Bean Puff Turnover	Sweetcorn	Yoghurt
	Chipped or Boiled Potatoes	Fresh Fruit
	Wholemeal or 50/50 Bread	



Also Available Daily

Jacket Potato Daily Offer (including a variety of toppings)

Fresh Water is available to all children at lunchtime



Menu changes:

Thursday 7th November – Special Diwali Menu

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Thursday 19th December - Christmas Lunch

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Week Two

11/11, 02/12, 13/01, 03/02, 03/03, 24/03

Monday

Choose From	On the side	Something Sweet
Meat-Free Monday	Broccoli	Vegan Tutti-Fruity Flapjack
Penne Pasta in a Tomato and Basil Sauce	Mixed Salad Leaves	Yoghurt
Cheesy Leek and Potato Crunchy Top Pie	Garlic Bread or Wholemeal Bread	Fresh Fruit

Tuesday

Choose From	On the side	Something Sweet
Pepperoni Pizza	Sweetcorn	Vegan Fruity Strawberry Jelly
Margherita Pizza	Baked Beans	Yoghurt
	Oven Baked Jacket Wedges	Fresh Fruit
	Wholemeal or 50/50 Bread	

Wednesday

Choose From	On the side	Something Sweet
Roast Chicken, Stuffing and Gravy	Carrots and Swede	Apple and Cinnamon Sponge and Custard
Veggie Sausage Toad in the Hole	Fresh Greens	Yoghurt
Roast Halal Turkey, Stuffing and Gravy	Roast or Creamed Potatoes	Fresh Fruit
	Wholemeal or 50/50 Bread	

Thursday

Choose From	On the side	Something Sweet
Minced Beef Chilli Con Carne	Green Beans	Pear and Chocolate Cake with Chocolate Sauce
Potato, Chickpea and Vegetable Curry	Cauliflower	Yoghurt
Halal Beef Chilli Con Carne	Fluffy Rice	Fresh Fruit
	Wholemeal or 50/50 Bread	

Friday

Choose From	On the side	Something Sweet
Fish Fingers	Baked Beans	Fresh Fruit Salad and Ice Cream
Vegan Quorn Dippers	Sweetcorn	Yoghurt
	Chipped or Boiled Potatoes	Fresh Fruit
	Wholemeal or 50/50 Bread	



Also Available Daily

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Menu changes:

Thursday 7th March – Special World Book Day Menu



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Week Three

18/11, 09/12, 20/01, 10/02, 10/03, 31/03

	Choose From	On the side	Something Sweet
Monday	***Meat-Free Monday*** Macaroni Cheese Spanish Veggie and Bean Rice	Broccoli Sweetcorn Garlic Bread or Wholemeal Bread	Chocolate Shortbread Yoghurt Fresh Fruit
Tuesday	Oven Baked Pork and Beef Sausage Oven Baked Vegan Sausage Oven Baked Halal Chicken Sausage	Peas Baked Beans Creamed Potatoes Wholemeal or 50/50 Bread	Strawberry Mousse Yoghurt Fresh Fruit
Wednesday	Roast Turkey and Gravy Vegan Lentil Loaf with Cranberry Halal Roast Chicken and Gravy	Carrots Seasonal Fresh Greens Roast Potatoes Wholemeal or 50/50 Bread	Apple and Plum Crumble and Custard Yoghurt Fresh Fruit
Thursday	Creamy Mild Chicken Korma Sweet Potato and Bean Enchiladas Creamy Mild Halal Chicken Korma	Green Beans Cauliflower Fluffy 50/50 Rice Wholemeal or 50/50 Bread	School Sponge Cake and Custard Yoghurt Fresh Fruit
Friday	Fish Fingers Cheesy Quiche Salmon Fishcakes	Baked Beans Sweetcorn Chipped or Boiled Potatoes Wholemeal or 50/50 Bread	Peaches and Ice Cream Yoghurt Fresh Fruit

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