Allergies, intolerances and dietary requirements

Allergens for Spring/Summer 2026

✓	Suitable to eat (e.g. suitable for Vegetarians)

✗	Food item contains this allergen

Gluten-Free Options are available for Pasta, Pizza and Wraps
Dairy-Free Ice cream is also available

The menu items below that are marked with ✗ are **NOT** suitable for people with the following dietary needs, allergies or intolerances:

MAINS	Vegetarian	Vegan	Skih	Halal	Celery	Cereals containg Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites
BBQ Chicken			✓											
Butternut Squash and Spinach Lasagne	✓		✓	✓	✗	✗				✗				
Cheese and Onion Fritatta	✓		✓	✓	✗		✗			✗				
Cheesy Bean Quasadillas	✓		✓	✓	✗	✗				✗				
Creamy Mild Chicken Korma			✓		✗					✗	✗			
Creamy Quorn Puff Pastry Pie	✓		✓	✓	✗	✗	✗			✗	✗			
Fish Fingers			✓	✓		✗		✗						
Halal BBQ Chicken				✓										
Halal Chicken Korma				✓	✗					✗	✗			
Halal Chicken Sausage Roll				✓		✗	✗							
Halal Mild Beef Chilli Taco				✓										
Halal Roast Chicken				✓										
Halal Roast Turkey				✓										
Italian Style Margherita Pizza	✓		✓	✓		✗	✗			✗			✗	
Jacket Potato	✓	✓	✓	✓										
Leek Mushroom & Cheese Filo Pie	✓		✓	✓		✗				✗				
Macaroni Cheese	✓		✓	✓	✗	✗				✗				
Mild Beef Chilli Taco														
Penne Pasta in a Tomato and Basil Sauce	✓	✓	✓	✓	✗	✗								
Pepperoni Pizza			✓			✗	✗			✗			✗	
Pork Sausage Roll			✓			✗	✗							
Quorn and Vegetable Fajitas	✓	✓	✓	✓	✗	✗					✗			
Roast Chicken			✓											
Roast Gammon			✓											
Roast Turkey			✓											
Roasted Vegetable and Chickpea Pizza	✓		✓	✓		✗	✗			✗			✗	
Salmon fish cakes			✓	✓		✗		✗						
Spanish Rice	✓	✓	✓	✓	✗									
Sweet & Sour Quorn	✓	✓	✓	✓							✗			
Vegan Burger	✓	✓	✓	✓		✗								
Vegan Chickpea, Veg and Coconut Curry	✓	✓	✓	✓	✗									
Vegan Quorn Dippers	✓	✓	✓	✓		✗								
Vegan Quorn Sausage	✓	✓	✓	✓		✗								
Veggie Quorn Mince Chilli Taco	✓		✓	✓			✗							

JACKET POTATO FILLINGS	Vegetarian	Vegan	Skih	Halal	Celery	Cereals containg Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites
Cheese	✓		✓	✓						✗				
Tuna Mayonnaise			✓	✓			✗	✗						
Baked Beans	✓	✓	✓	✓										
Coleslaw	✓		✓	✓			✗							
Mixed Salad	✓	✓	✓	✓										
Sweetcorn	✓	✓	✓	✓										

Allergies, intolerances and dietary requirements

SIDES	Vegetarian	Vegan	Skih	Halal	Celery	Cereals containg Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites
50/50 Bread	✓	✓	✓	✓		✗							✗	
Baked Beans	✓	✓	✓	✓										
Boiled Potatoes	✓	✓	✓	✓										
Broccoli	✓	✓	✓	✓										
Carrots	✓	✓	✓	✓										
Caulifower	✓	✓	✓	✓										
Chipped Potatoes	✓	✓	✓	✓										
Creamed Potatoes	✓		✓	✓						✗				
Fluffy Rice	✓	✓	✓	✓										
Fresh Greens	✓	✓	✓	✓										
Garlic Bread	✓		✓	✓		✗				✗		✗		✗
Gravy	✓	✓	✓	✓										
Green beans	✓	✓	✓	✓										
Mixed Salad leaves	✓	✓	✓	✓										
Mixed Seasonal Salad	✓	✓	✓	✓										
Mixed Vegetables	✓	✓	✓	✓										
Naan Bread	✓		✓	✓		✗				✗				
Oven Baked Jacket Wedges	✓	✓	✓	✓										
Parsley Potatoes	✓	✓	✓	✓										
Pasta	✓	✓	✓	✓		✗								
Peas	✓	✓	✓	✓										
Roast Potatoes	✓	✓	✓	✓										
Savoury Fluffy Rice	✓	✓	✓	✓										
Seasonal Fresh Greens	✓	✓	✓	✓										
Stuffing	✓	✓	✓	✓		✗								
Swede	✓	✓	✓	✓										
Sweetcorn	✓	✓	✓	✓										
Wholemeal Bread	✓	✓	✓	✓		✗							✗	

SOMETHING SWEET	Vegetarian	Vegan	Skih	Halal	Celery	Cereals containg Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites
Apple and Cinnamon Crumble	✓	✓	✓	✓		✗								
Banana Mousse	✓		✓	✓						✗				
Custard	✓		✓	✓		✗	✗			✗			✗	
Fresh Fruit	✓	✓	✓	✓										
Fresh Fruit Salad	✓	✓	✓	✓										
Fruity Rock Cakes	✓		✓	✓		✗	✗			✗				✗
Ice Cream	✓		✓	✓						✗				
Peach and Raspberry Cobbler	✓		✓	✓		✗				✗				
Peaches	✓	✓	✓	✓										
School Sponge Cake	✓		✓	✓		✗	✗							
Sticky Apple Square Cake	✓		✓	✓		✗				✗				
Strawberry Mousse	✓		✓	✓						✗				
Vegan Tutti Fruity Flapjack	✓	✓	✓	✓		✗								✗
Vegan Chocolate Cake	✓	✓	✓	✓		✗								
Vegan Fruity Strawberry Jelly	✓	✓	✓	✓										
Vegan Raspberry and Pineapple Jelly	✓	✓	✓	✓										
Vegan Shortbread	✓	✓	✓	✓		✗								
Yoghurt	✓		✓	✓						✗				

[1] E.g. Wheat, Rye, Barley and Oats
[2] Inc. Prawns, Crabs and Lobsters
[3] E.g. Mussels and Oysters
[4] Inc. Almonds, Hazelnuts, Walnuts, Brazil Nuts, Cashews, Pecans, Pistachios, Macadamia Nuts

Menu does not contain any of the following Allergens:

Crustaceans[2]	Molluscs[3]	Peanuts	Tree Nuts[4]