Allergies, intolerances and dietary requirements

Allergens for Autumn/Winter 2026-2027

✓	Suitable to eat (e.g. suitable for Vegetarians)

✕	Food item contains this allergen

Gluten-Free Options are available for Pasta, Pizza and Wraps
Dairy-Free Ice cream is also available

The menu items below that are marked with ✕ are **NOT** suitable for people with the following dietary needs, allergies or intolerances:

MAINS	Vegetarian	Vegan	Sikh	Halal	Celery	Cereals containing Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites	Nuts[2]
Beef Bolognaise & Pasta Bake						✕				✕					
Beef Mince Chilli Potato Bake						✕				✕					
Cauliflower, Bean and Vegetable Biryani	✓	✓	✓	✓											
Cauliflower Cheese and Butterbean Bake	✓		✓	✓		✕				✕			✕		
Cheese & Onion Pasty	✓		✓	✓		✕	✕			✕					
Coconut, Bean and Butternut Dhal	✓	✓	✓	✓											
Fish Fingers			✓	✓		✕		✕							
Halal Beef Bolognaise Pasta Bake				✓		✕				✕					
Halal Beef Mince Chilli Potato Bake						✕				✕					
Halal Chicken Sausage				✓		✕								✕	
Halal Roast Chicken				✓											
Halal Roast Turkey				✓											
Halal Home-Style Tomato Chicken				✓											
Home-Style Tomato Chicken			✓												
Jacket Potato	✓	✓	✓	✓											
Lentil Cottage Pie	✓	✓	✓	✓											
Macaroni Cheese	✓		✓	✓		✕				✕					
Margherita Pizza	✓		✓	✓		✕	✕			✕			✕		
Mild Chicken Korma Curry			✓							✕	✕				
Mild Halal Chicken Korma Curry				✓						✕	✕				
Penne Pasta in a Tomato and Basil Sauce	✓	✓	✓	✓		✕									
Pepperoni Pizza						✕	✕			✕			✕		
Pork & Beef Sausages						✕								✕	
Quorn Roast	✓		✓	✓			✕			✕					
Roast Chicken			✓												
Roast Gammon			✓												
Roast Turkey			✓												
Roasted Vegetable & Chickpea Pizza	✓		✓	✓		✕	✕			✕			✕		
Salmon Fish Cakes			✓	✓		✕		✕							
Sweet and Sour Quorn	✓	✓	✓	✓							✕				
Vegan Sausage	✓	✓	✓	✓		✕									
Vegan Quorn Dippers	✓	✓	✓	✓		✕									
Vegan Veggie Balls	✓	✓	✓	✓									✕		
Veggie Sausage and Bean Turnover	✓		✓	✓		✕	✕			✕					
Veggie Mince Chilli Potatoe Bake	✓		✓	✓		✕				✕					
Veggie Mince Pasta Bake	✓		✓	✓		✕				✕					

JACKET POTATO FILLINGS	Vegetarian	Vegan	Sikh	Halal	Celery	Cereals containing Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites	Nuts[2]
Cheese	✓		✓	✓						✕					
Tuna Mayonnaise			✓	✓			✕	✕							
Baked Beans	✓	✓	✓	✓											
Coleslaw	✓		✓	✓			✕								
Mixed Salad	✓	✓	✓	✓											
Sweetcorn	✓	✓	✓	✓											

SIDES	Vegetarian	Vegan	Sikh	Halal	Celery	Cereals containing Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites	Nuts[2]
50/50 Bread	✓	✓	✓	✓		✕							✕		
Baked Beans	✓	✓	✓	✓											
Boiled Potatoes	✓	✓	✓	✓											

Allergies, intolerances and dietary requirements

Broccoli	✓	✓	✓	✓											
Carrots	✓	✓	✓	✓											
Caulifower	✓	✓	✓	✓											
Chipped Potatoes	✓	✓	✓	✓											
Coconut Rice and Peas	✓		✓	✓						✕					
Creamed Potatoes	✓		✓	✓						✕					
Crusty Bread	✓	✓	✓	✓		✕							✕		
Fluffy Rice	✓	✓	✓	✓											
Fresh Greens	✓	✓	✓	✓											
Garlic Bread	✓		✓	✓		✕				✕		✕		✕	
Gravy	✓	✓	✓	✓											
Green beans	✓	✓	✓	✓											
Mixed Salad leaves	✓	✓	✓	✓											
Mixed Seasonal Salad	✓	✓	✓	✓											
Mixed Vegetables	✓	✓	✓	✓											
Naan Bread	✓		✓	✓		✕				✕					
Oven Baked Jacket Wedges	✓	✓	✓	✓											
Pasta	✓	✓	✓	✓		✕									
Peas	✓	✓	✓	✓											
Parsley Potatoes	✓	✓	✓	✓											
Roast Potatoes	✓	✓	✓	✓											
Seasonal Fresh Greens	✓	✓	✓	✓											
Stuffing	✓	✓	✓	✓		✕									
Swede	✓	✓	✓	✓											
Sweetcorn	✓	✓	✓	✓											
Wholemeal Bread	✓	✓	✓	✓		✕							✕		

SOMETHING SWEET	Vegetarian	Vegan	Skih	Halal	Celery	Cereals containing Gluten[1]	Eggs	Fish	Lupin	Milk (or Dairy)	Mustard	Sesame	Soya	Sulphur Dioxide or Sulphites	Nuts[2]
Apple and Plum Crumble	✓	✓	✓	✓		✕									
Chocolate Custard	✓		✓	✓						✕					
Chocolate Mousse	✓		✓	✓						✕					
Chocolate Sponge Cake	✓		✓	✓		✕	✕								
Custard	✓		✓	✓						✕					
Fresh Fruit	✓	✓	✓	✓											
Fresh Fruit Salad	✓	✓	✓	✓											
Ice Cream	✓		✓	✓						✕					
Lemon Drizzle Cake	✓		✓	✓		✕	✕								
Peaches	✓	✓	✓	✓											
Oaty Apple Crumble	✓	✓	✓	✓		✕									
Rhubarb and Apple Crumble	✓	✓	✓	✓		✕									
Strawberry Mousse	✓		✓	✓						✕					
Tropical Fruit Sponge	✓		✓	✓		✕	✕								
Vegan Chocolate Banana Bread	✓	✓	✓	✓		✕									
Vegan Fruity Strawberry and Raspberry Jelly	✓	✓	✓	✓											
Vegan Orange and Pineapple Jelly	✓	✓	✓	✓											
Vegan Shortbread Biscuit	✓	✓	✓	✓		✕									
Yoghurt	✓		✓	✓						✕					

[1] E.g. Wheat, Rye, Barley and Oats
[2] May contain Nuts inc. Almonds, Hazelnuts, Walnuts, Brazil Nuts, Cashews, Pecans, Pistachios, Macadamia Nuts
[3] E.g. Prawns, Crabs and Lobsters
[4] E.g. Mussels and Oysters

Menu does not contain any of the following Allergens:

Crustaceans[3]	Molluscs[4]